

## Extracurricular Activities 2017/18 - TERM 1

Dear Parents,

The school is offering some new after school extracurricular club activities. Depending on you and your child's interest, please check out the information about the different activities. Each activity has a minimum requirement of at least 4 students, with the exception of the Skateboard/ Scooter Club which has a minimum of 6 students. If we are unable to reach the minimum number, the respective activity will not run. The fee for half of the school year (starting on 18th of September) will be 20,000 Yen.

There will be no buses at this time to transport your child home. Please try to carpool with other parents. The students will be supervised while having snack between the end of classes and the start of the club activity. Please use the following form to sign up for the activities. If you have any questions please feel free to contact me or the teachers of the different activities via mail (lance.brabant@dskobe.org). Thank you very much. **The deadline to hand in the signup form at the school office is Wednesday, September 13<sup>th</sup>! You will get a confirmation email on the 14<sup>th</sup>. Once you have received confirmation, payment should be done via bank transfer by Monday, September 18<sup>th</sup>. If the club you sign up for does not run, you will be notified and given the chance to join one of the other clubs that will be running.**

Sincerely, Lance Brabant

### Art

The Art Club is open to all students who are interested in developing their artistic talents through art activities. The goal of the club is to help students develop confidence in expressing themselves artistically and creatively. They will have the opportunity to create a portfolio of their artwork as well as a chance to have some of their work exhibited in the school.

- ❖ Teacher: Mr. Lance Brabant (lance.brabant@dskobe.org)
- ❖ Age: Early Years - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Developing fine motor skills, artistic skills and techniques with different media
  - Learning the elements and principles of art to help students to express themselves artistically
  - Improve, develop and demonstrate creativity
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Activity

### Athletics

In this club we will focus on improving sprinting speed. You will learn how to sprint properly and you will become a faster runner. Speed is essential for many sports. I would encourage you to join this club if you would like to improve your performance in other sports that you play.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Improving sprinting speed
  - Learn how to run in a technically correct way
  - Improve leg strength
  - Improve flexibility and general fitness
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### Basketball

Basketball provides the opportunity to improve the physical, mental and social skills of our students. They will improve their gross and fine motor skills by learning the fundamentals of passing, dribbling and shooting. Additionally, students will develop their physical fitness and improve their communication and reflection skills while working with their teammates and opponents.

- ❖ Teacher: Mr. Lance Brabant (lance.brabant@dskobe.org)
- ❖ Age: Grade 1 - Grade 6
- ❖ Group size: 4 – 14
- ❖ Teaching points:
  - Learning fundamental techniques and tactics
  - Improving fitness abilities
  - Developing social skills
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Practice

### Baton Twirling

Baton twirling, or just "Twirling," is an opportunity for children to learn body coordination and rhythmic expression with the use of a baton. It is both a sport and dance, reliant upon technical and artistic movement. The goal of the program is to learn basic twirling skills and share them at school events in a fun musical performance. Boys and girls are welcome!

- ❖ Teacher: Ms. Katelyn Boyle (katelyn.boyle@dskobe.org)
- ❖ Age: Pre school - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Encourages hand-eye coordination
  - Creative dance and gymnastics
  - Body control and expression
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### Board Games Club

Kids and adults of all ages enjoy playing both new and traditional types of board games. Board games incorporate many aspects of the IB learner profiles: knowledgeable, inquirers, thinkers, communicators, principled, open-minded, caring, risk-takers, balanced and reflective. Students will improve their concentration skills as well as getting used to logical thinking and being patient while having fun playing with their friends.

- ❖ Teacher: Mr. Justin Rich (justin.rich@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - Board Games promote cooperation and communication skills.
  - The opportunity to converse in English in a fun setting.
  - Board Games are great ways to practice numeracy skills, logic skills and creative problem solving skills.
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Activity

### Baking

Kitchen fun for all aspiring bakers aiming to create mouth-watering recipes! A chance to practise and try out different recipes, get used to different baking techniques and taste lots of delightful creations. There's something for everyone to enjoy, so grab your aprons and get baking!

- ❖ Teacher: Ms. Marieke Tornus (marieke.tornus@dskobe.org)
- ❖ Age: Preschool - Grade 2
- ❖ Group size: 4 - 8
- ❖ Teaching points:
  - enable beginner and intermediate bakers to feel comfortable in the kitchen and develop the essential baking skills
  - provide students with the opportunity to experience the taste, feel and smell of their own baking
  - follow simple recipes that will enable students to work independently
  - have lots of fun and create delicious treats!
- ❖ Timetable:
  - Tuesdays (every second week)
  - 15:30 - 15:45 Snack time
  - 15:45 - 17:15 Activity
- ❖ Extra fee for ingredients: 1000 Yen per student

### Comic Making

While creating their own comics the kids can become the heroes of their own stories or invent their own heroes. They will investigate the different parts of an exciting story and get the chance to express themselves creatively with using different materials, colors and scenarios. They will also learn how to manage and organize a project from beginning to the end.

- ❖ Teacher: Ms. Daniela Rost (daniela.rost@dskobe.org)
- ❖ Age: Grade 1 - Grade 6
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - developing fine motor skills, artistic skills and techniques with different media
  - creativity
  - work in a team
  - self management
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### Classical Dance

Dance is a physical activity that involves movement of the entire body and focuses on developing flexibility, muscle coordination and stamina. Students will learn dances such as the Vienna Waltz, Tango, Disco Fox, Cha Cha and more! Aside from developing the physical aspect of the child, dance also provides room for self-expression and communication, and socialization. With these benefits, the club would help students build higher self-esteem as they showcase their dance skills during performances.

- ❖ Teacher: Mr. Jonas John (jonas.john@dskobe.org)
- ❖ Age: Preschool - Grade 6
- ❖ Group size: 4 - 12
- ❖ Teaching points:
  - develop kinesthetic intelligence
  - encourages self-expression through body movements
  - provides opportunities for socialization
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### Baseball/Cricket

Students will learn the fundamental skills needed to play a game of baseball and cricket. We will compare the similarities and the differences between these two sports. Students will play a full game of cricket and baseball with the key skills learnt.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Fundamental skills- batting/hitting, bowling/pitching, fielding
  - Tactics
  - General fitness
- ❖ Timetable:
  - Tuesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Activity

### Japanese Song Club (In Japanese)

Japanese people have long enjoyed the natural beauty and rich cultural traditions that are tied to the four distinct seasons. To express their appreciation for these, the Japanese have created many folk songs and nursery rhymes. There are even special children's songs incorporated into the Japanese elementary school curriculum. In this club, we will learn the Japanese traditional culture through singing these songs and playing traditional games, dances and instruments.

- ❖ Teacher: Ms. Tamiyo Oyama (tamiyo.oyama@dskobe.org)
- ❖ Age: Preschool- Grade2
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - To expand Japanese vocabulary by finding words and expressions.
  - To enjoy various cultural events depicted in these songs.
  - To learn how to share and cooperate with one another through singing and dancing with friends from different age groups.
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### Skateboarding and Scooter Club

Skateboarding and Scootering are fun physical activities where students can challenge themselves to learn and grow their skills. This club will offer the students supervised entry in the Rokko Island skate park where students can work on tricks, try out ramps or enjoy themselves using the facilities.

- ❖ Teacher: Mr. Justin Rich (justin.rich@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: **\*Minimum 6\***
- ❖ **Extra ¥1000/ student to help cover entrance fees**
- ❖ **\*Skate Park Entrance Fee (Regular ¥1500 /day) IS INCLUDED in the club fee\***
- ❖ **EQUIPMENT - students need to bring their own skateboard / scooter & helmet. (Elbow, wrist and knee pads recommended but not required)**
- ❖ Teaching points:
  - Many students enjoy skateboarding/scootering (we could include inline skating too) and this would be an opportunity to develop their skills.
  - A fun activity which is gaining popularity
  - A balanced activity which includes mental challenge as well as outdoor physical exercise.
- ❖ Timetable:
  - Thursdays (every second Thursday)
  - 15:30 - 15:45 Snack time
  - 15:45 - 17:45 Activity

### Japanese Geography and History Club (In Japanese)

What kind of country is Japan that we call home now? How did it come about? How are people living in different parts of this country? Are they living in the same way as we are in Kobe? Where did our ancestor come from? If you are curious about these things, we can learn and in this club how to find out various things about our past and surroundings.

- ❖ Teacher: Ms. Tamiyo Oyama (tamiyo.oyama@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - To learn geographical facts and historical events through interesting stories and researching age appropriate materials and share them with the club members through the activity.
  - To expand the vocabulary through learning new words and expressions in the process of these activities.
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### **Lego Club**

Lego provides tools which help children develop skills such as problem-solving, organization, and planning by construction. In Lego Club, children will be taking on various challenges in creative ways. They will be working both independently and in small groups as they collaborate to reach common goals. In addition to boosting fine motor development, literacy skills can also be increased as children work through a set of instructions. Come join the fun!

- ❖ Teacher: Ms. Satya d'Amours  
(satya.damours@dskobe.org)
- ❖ Age: EY - Grade 4
- ❖ Group size: 4 - 8
- ❖ Teaching points:
  - problem-solving
  - learning to plan and organize
  - improving fine motor skills
  - practicing working together
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### **Handicraft Club**

In the Handicraft club we are going to learn how to make beautiful things with wool, felt, fabric, string, salt dough and other materials. We will do some easy projects learning how to sew, knot and stitch. No prior knowledge is needed, but of course more advanced students are also welcome! We will find a fitting project for everyone!

- ❖ Teacher: Ms. Esra Froehlich  
(esra.froehlich@dskobe.org)
- ❖ Age: Grade 2 - Grade 6
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - improving fine motor-skills
  - learning basic stitches and sewing techniques
  - improving hand-eye coordination and concentration
- ❖ Timetable:
  - Tuesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Activity

### **Piano Club**

We will have lot of fun with different kind of music. Also students have the opportunity to learn how to read notes and how to play piano.

- ❖ Teacher: Ms. Azusa Nakajima (azusa.nakajima@dskobe.org)
- ❖ Age: EY
- ❖ Group size: 4
- ❖ Teaching points:
  - Learn how to read music notes
  - Learn how to play piano
  - Sing different songs in different languages with your friends
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Activity

### **Vocal Choir**

Do you love to sing with others? Why not join the choir. Students of all ages will have a chance to express themselves through traditional and contemporary songs in both English and German. Students will learn to work together while having fun learning how to control their vocal range and develop a sense of rhythm.

- ❖ Teacher: Ms. Sophie Bretschneider  
(sophie.bretschneider@dskobe.org)
- ❖ Age: Preschool - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Developing vocal ability
  - Develop a sense of tune and rhythm
  - Learn how to pay attention to others
  - Develop the ability to sing with others in a group
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Activity

\*\*\*\*\*Special Club for Parents (and Teachers)\*\*\*\*\*

**Beginner Japanese class for Parents and Teachers!**

"I'd love to speak new language but..." I've never heard of a single good reason after this sentence. What about good reasons to start learning a new language? I know hundreds, and I bet you have your own! Join the class and start giving your brain a boost. Establish deep connection with Japanese society and enjoy cross-cultural friendship.

- ❖ Teacher: Ms. Chinatsu Brabant (chinatsu.brabant@dskobe.org)
- ❖ Age: **Teachers and Parents**
- ❖ Group size: 4 +
- ❖ Teaching points:
  - Acquiring commonly used expressions in daily life (greetings, shopping, asking directions etc.) in polite expression and practice speaking.
  - Learning reading Hiragana and Katakana
  - Develop understanding for basic Japanese grammatical rules.
- ❖ Timetable:
  - Thursdays
  - 15:45 - 16:45 Activity

**Extracurricular Activities weekdays 2016/17 TERM 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Baseball / Cricket	Baking (every 2nd week)	Athletics	Skateboard & Scooter Club (every 2nd week)	Basketball
Board Games	Handicrafts	Art	Japanese Geo & His -	Japanese Song Club
Comic Making		Baton Twirling	Classical Dance	Piano - Music
Lego		Choir	Beginner Japanese *Parents & Teachers*	

Dear Parents,

It is our pleasure to broaden our After School Programme this school year. We strongly believe that every child should have the chance to learn an instrument and would like to give every student in school the opportunity to learn a classical instrument. We are very happy that Ms. Nakajima will offer piano lessons for the Early Years students.

For the primary school we were looking for a partner to offer a high quality programme at our school. Fortunately we've found Ms. Takahashi, a professional piano player and experienced music teacher to offer **piano lessons**.

In addition to Ms. Takahashi, we will start a partnership with the "Tickle.Tickle International Music School" for **violin lessons** in our After School Programme.

On September 15th at 3:30pm you have the opportunity to join a presentation and to meet the teachers. We cordially invite you to this event. We hope that this offer suits your wishes and that we will soon have lots of little musicians in our school!

Sincerely, Herzliche Grüße,

Frank Pitzner,  
Principal, Schulleiter

**Extracurricular Activities 2017/18 - TERM 1**  
**- SIGN UP FORM -**

First Name:

Last Name:

Date of Birth:

Mother's mobile phone:

Father's mobile phone:

Email:

Parents signature:

Date:

Please write the extracurricular activity/activities you want to sign up your child for in this box.