



**After School Extracurricular Club Offerings Term 1 2019/ 2020 (Sep - June)**

The school is offering some new after school extracurricular club activities. Depending on you and your child's interest, please check out the information about the different activities. Each club has a **minimum requirement of at least 4 students**, with the exception of the Skateboard/ Scooter Club which has a minimum of 6 students. If we are unable to reach the minimum number, the respective activity will not run. The fee for half of the school year (starting during the week of September 13th - 19th) will be **¥20,000**.

Students will be supervised while having snack between the end of classes and the start of the club activity at 15:45. Most clubs finish at either 16:30 or 16:45. This year we are also offering After School Care (ASC) for students who are unable to join a club but would like to stay at school longer. If we meet the minimum enrollment of 4 students on any particular day that the ASC programme runs, students who are enrolled in clubs on those days will also be able to join the ASC programme from the time their club ends at either 16:30 or 16:45 until 17:00. Students in clubs offered every second week will also be allowed to join in the off weeks.

There will be no buses at this time to transport your child home, so try to carpool with other parents. Please use the online registration to sign up for the activities. If you have any questions please feel free to contact me (lance.brabant@dskobe.org) or the teachers of the different activities via email. Thank you very much. **The deadline for clubs to reach the minimum enrollment is Friday, September 4th! You will get a confirmation email by the 9th. Once you have received confirmation, payment should be done via bank transfer by Friday, September 13th. If the club you sign up for does not run due to insufficient members, you will be notified and given the chance to join one of the other clubs that will be running.**

Sincerely,  
Lance Brabant

Monday	Tuesday	Wednesday	Thursday	Friday
Maker Club PS - Gr 2	Ballet/ Dance PS - G6	German Songs & Games EY-PS	Ballet / Dance EY (Ages 3+)	Gymnastics EY(Ages 3+) - PS
Drama G1 - G6	Japanese Calligraphy PS - G6	Crafting EY - G2 (Ages 4+)	Lego PS - G4	Baking/Cooking (90min every 2nd week) EY(Ages 3+) - G6
Baseball / Cricket G1 - 6	Badminton G1 - G6	Soccer PS - G2	Creative Kids G1 - G6	Basketball G1 - 6
Sewing/ Crafting G2 and up (adults too)	Paper Maché G1 - G6	Karate / Exercise G1 - 6	Skateboard & Scooter (90min every 2nd week) G2 - 6	
*Music Performance Club by Invitation Only		Watercolour/ Acrylic Painting G2 - G6	Soccer G3 - 6	
			Einstein Club G3-6	
After School Care EY-G6	After School Care EY-G6	After School Care EY-G6	After School Care EY-G6	After School Care EY-G6
Sep. 23, 30 Oct. 7, 21 Nov. 4, 11, 18, 25, Dec. 2, 9, 16 Jan. 13, 20, 27	Sept. 17, 24 Oct. 1, *8, 15, 22, Nov. 5, 19, 26, Dec. *3, 10, 17 Jan. 14, 21 *(Jan 28, Feb 4 Calligraphy dates differ)	Sept. 18, 25 Oct. 2, 9, 16, 23 Nov. 6, 13, 20, 27 Dec. 4, 11 Jan. 22, 29	Sept. 19, 26 Oct. 3, 10, 17, 24 Nov. 7, 14, 21, 28 Dec. 5, 12 Jan. 9, 16  *Skateboard dates in red	Sep. 13, 20, 27 Oct. 4, 18, 25 Nov. 8, *15, 29 Dec. 6, 13 Jan. 10, 24, 31 Feb. 7 *Baking/Cooking dates in red

[Register Online Now!](https://forms.gle/8CdFUqJvFZTKqVQp8)

<https://forms.gle/8CdFUqJvFZTKqVQp8>

## After School Care (ASC)

Do you want your child to stay at school for extended hours, but cannot find a suitable club on that particular day of the week, or have a sibling in another club and would like to pick up both children at the same time? The ASC offers a balanced schedule of activities. Following the snack time, it begins with some outdoor play, followed by some time for homework, reading and playing board games or some playtime for the younger students. If there are at least 8 students and 4 or more are EY or PS students, then we will split into 2 groups, with age-appropriate activities for the younger students.

- ❖ Teacher: Changes Daily
- ❖ Age: (From EY - Gr6)
- ❖ Group size: 4 – 9 (for EY and PS students)  
4 - 16 (for Gr 1 - 6)
- ❖ Teaching points:
  - Fair play
  - Cooperation
  - Some homework support
- ❖ Timetable:
  - Choose your day(s) Monday/ Tuesday/ Wednesday/ Thursday/ Friday
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:10 Outdoor Play
  - 16:15 - 17:00 Reading, Homework, Board Games for Primary Grades/ (Playtime for EY/ PS)

## Monday Clubs

### Baseball/Cricket

Students will learn the fundamental skills needed to play a game of baseball and cricket. We will compare the similarities and the differences between these two sports. Students will play a full game of cricket and baseball with the key skills learnt.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@dskobe.org)
- ❖ Age: Grade 1- Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Fundamental skills- batting/hitting, bowling/pitching, fielding
  - Tactics
  - General fitness
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:35 Club

### Drama

Drama Club offers students the opportunity to act, create, and use their imagination while having fun. By exploring how to express themselves creatively through theatre, dance, and art, students can learn various skills. We will cover the different aspects of working on a dramatic performance and they will have the chance to experience their strengths and work together within a friendly and encouraging environment.

- ❖ Teacher: Mr. Lance Brabant (lance.brabant@dskobe.org)
- ❖ Age: Grade 1 - Grade 6
- ❖ Group size: 4 – 12
- ❖ Teaching points:
  - Develop acting, improvising, interacting, and memorizing ability
  - Confidence in public speaking
  - Teamwork, self-awareness, self-esteem, and body awareness
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

### Sewing Club

Learn how to make your own shirt/blouse, bag, pillow cover or even a hairpin out of fabric! Interested? Join Miss Rost and learn how to design your own ideas. We will find a fitting project for everyone!

- ❖ Teacher: Ms. Daniela Rost (daniela.rost@dskobe.org)
- ❖ Age: Grade 2 and up (Parents also welcome to join!)
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - improving fine motor-skills
  - learning basic stitches and sewing techniques
  - improving hand-eye coordination and concentration
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

### Makers Club

Makers Club is for the younger students who are keen to work on engineering and building projects. If you enjoy building, woodworking and being creative with your hands, then this is the club for you! Make, build, invent, collaborate; the possibilities are endless.

- ❖ Teacher: Mr. Lubin Nepomuceno (faye.nepomuceno@dskobe.org)
- ❖ Age: PS-Grade 2
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Foster creativity
  - Develop fine motor skills
  - Learn how to safely use simple tools
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

## **\*\*Musical Performance\*\* (by Invitation Only)**

We will be inviting students with a musical interest to join this club as representatives of DSKI for special musical performances throughout the year.

- ❖ Teacher: Azusa Nakajima (azusa.nakajima@diskobe.org)
- ❖ Age: Grade 1 – Grade 6
- ❖ Group size: 10 - 12
- ❖ Teaching points:
  - Learn and practice songs for specific events throughout the year
  - Proper pitch and harmony
  - Coordination
- ❖ Timetable:
  - Mondays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

## **Tuesday Clubs**

### **Classical Ballet & Contemporary Dance**

Learn how to dance from a **professional dance teacher!**

Children have the opportunity to learn the great quality of ballet training. Setting the foundation for coordination and posture, encouragement and also enjoyment of musical, rhythmical movement. This ballet class promotes excellence and access to the art form of ballet through dance education. Let's enjoy dancing!

- ❖ Teacher: Ms. Yuki Yasuda Arami (yuki.y.a4206@gmail.com)
- ❖ Age: PS - Grade 6 (Girls and Boys!)
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - Flexible teaching points catered to students who join
  - Proper posture
  - Coordination
- ❖ Timetable:
  - Tuesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### **Badminton**

The students will learn the fundamentals to play Badminton and have fun playing on the court. For beginners and experienced players!

- ❖ Teacher: Anna Münster (anna.muenster@diskobe.org)
- ❖ Age: Grade 1 – Grade 6
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - Learn Basics to play Badminton: holding a racket, serving and basic shots, footwork, stance
  - Coordination
  - General Fitness and Exercise
- ❖ Timetable:
  - Tuesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### **Japanese Calligraphy / Shuji**

Shuji is a club that will teach you how to write words with a traditional Japanese calligraphy brush. Students will learn to focus and use proper posture, technique and stroke order to write beautiful Chinese characters.

- ❖ Teacher: Ms. Tamiyo Oyama (tamiyo.oyama@diskobe.org)
- ❖ Age: PS - 6
- ❖ Group size: 4 - 8
- ❖ Teaching points:
  - Proper posture
  - Brush techniques
  - Proper stroke order
- ❖ Timetable:
  - Tuesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### **Paper Maché**

Students will showcase their creativity and develop skills in sculpture making. They will enjoy manipulating materials and create useful objects. They will learn the importance of recycling paper and will also develop a sense of appreciation for colors, textures, forms and shapes.

- ❖ Teacher: Mr. Lubin Nepomuceno (faye.nepomuceno@diskobe.org)
- ❖ Age: Gr 1- 6
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - Exploring the art of 3D sculpture making
  - Developing fine motor skills
  - Creating decorative and useful products
- ❖ Timetable:
  - Tuesday
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

## Wednesday Clubs

### Craft Club

This club sparks students' creativity by exploring how to make simple fun toys and musical instruments with the materials around you. We will do some easy projects learning how to cut, glue, colour and draw. Students will have the opportunity to share their own creative designs.

- ❖ Teacher: Ms. Daniela Rost (daniela.rost@diskobe.org)
- ❖ Age: Early Years (Ages 4+) - Grade 2
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - Develop coordination and fine motor skills
  - Encourage creativity
  - Self Regulation
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### Painting - Watercolour and Acrylic

For students who are interested in developing their artistic talents through painting. The goal of the club is to help students develop confidence in expressing themselves artistically and creatively. They will have the opportunity to create a portfolio of their artwork as well as a chance to have some of their work exhibited in the school.

- ❖ Teacher: Mr. Lubin Nepomuceno (faye.nepomuceno@diskobe.org)
- ❖ Age: Grade 2 - Grade 6
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Developing fine motor skills, artistic skills and techniques with watercolour and acrylic paint
  - Learning the elements and principles of art to help students to express themselves artistically
  - Improve, develop and demonstrate creativity
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

### Intro to Karate / Exercise Club

Have fun developing your body and mind through training and exercise in the introduction to Karate Club. Learn the basic stances, moves and techniques, as well as more complex katas from a passionate and experienced Shotokan karate student who will use the experience as part of her personal project requirements for the IB. Adult supervision will also be provided. Experienced karate students are also welcomed to join in for extra exercise or chances to work on their techniques or katas.

- ❖ Teacher: Mr. Brabant (lance.brabant@diskobe.org) & Celina Pedro
- ❖ Age: Grade 1 - 6
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - Physical Fitness
  - Basic karate stances, techniques, wazas and katas
  - Concentration and discipline
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

### Football (Soccer) Young Grades PS/1/2

Students will learn the fundamental skills needed to succeed in playing Football. We will learn new skills and improve on existing skills such as ball control, kicking, passing, shooting and team tactics. Students will have the opportunity to play a game on the grass field each week.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@diskobe.org)
- ❖ Age: PS - Grade 2
- ❖ Group size: 4 - 12
- ❖ Teaching points:
  - Fundamental skills, dribbling, passing, defending, attacking, shooting
  - Football game rules and tactics
  - General fitness
- ❖ Timetable:
  - Wednesday
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:35 Club

### Deutsche Sprache, Lieder und Spiele (German language, songs and games)

Learn and practice German vocabulary, sing songs and play games together.

- ❖ Teacher: Ms. Anita Moench (anita.moench@diskobe.org)
- ❖ Age: EY-PS
- ❖ Group size: 4 – 5
- ❖ Teaching points:
  - German Vocabulary
  - German Culture
  - Interact and communicate with others in German
- ❖ Timetable:
  - Wednesdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

## Thursday Clubs

### Skateboarding and Scooter Club

Skateboarding and Scootering are fun, physical activities where students can challenge themselves to learn and grow their skills. This club offers students supervised entry into Rokko Island skate park where they can work on tricks, try out ramps and enjoy using the facilities.

- ❖ Teacher: Mr. Justin Rich (justin.rich@dskobe.org)
- ❖ Age: Grade 2 - Grade 6
- ❖ Group size: **\*Minimum 6\* Maximum 9**
- ❖ **Extra ¥1000/ student to help cover entrance fees**
- ❖ **\*Skate Park Entrance Fee (Regular ¥1500 /day) IS INCLUDED in the club fee\***
- ❖ **EQUIPMENT - students need to bring their own skateboard / scooter & helmet. (Elbow, wrist and knee pads recommended but not required)**
- ❖ Teaching points:
  - Opportunity to develop their skills.
  - A fun activity which is gaining popularity
  - A balanced activity which includes mental challenge as well as outdoor physical exercise.
- ❖ Timetable:
  - Thursdays (every second Thursday)
  - 15:30 - 15:45 Snack time
  - 15:45 - 17:15 Club

### Lego Club

Lego provides tools which help children develop skills such as problem-solving, organizing, and planning by construction. In Lego Club, children will be taking on various challenges in creative ways. They will be working both independently and in small groups as they collaborate to reach common goals. In addition to boosting fine motor development, literacy skills can also be increased as children work through a set of instructions. Come join the fun!

- ❖ Teacher: Ms. Satya d'Amours (satya.damours@dskobe.org)
- ❖ Age: Preschool - Grade 4
- ❖ Group size: 4 - 8
- ❖ Teaching points:
  - problem-solving
  - learning to plan and organize
  - improving fine motor skills
  - practicing working together
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### Football (Soccer) Older Grades 3/4/5/6

Students will learn the fundamental skills needed to succeed in playing Football. We will learn new skills and improve on existing skills such as ball control, kicking, passing, shooting and team tactics. Students will have the opportunity to play a game on the grass field each week.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@dskobe.org)
- ❖ Age: Grade 3 - Grade 6
- ❖ Group size: 4 - 12
- ❖ Teaching points:
  - Fundamental skills, dribbling, passing, defending, attacking, shooting
  - Football game rules and tactics
  - General fitness
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:35 Club

### Classical Ballet & Contemporary Dance (Young) EY

Learn how to dance from a **professional dance teacher!** Children have the opportunity to learn the great quality of ballet training. Setting the foundation for coordination and posture, encouragement and also enjoyment of musical, rhythmical movement.

This ballet class promotes excellence and access to the art form of ballet through dance education. Let's enjoy dancing!

- ❖ Teacher: Ms. Yuki Yasuda Arami (yuki.y.a4206@gmail.com)
- ❖ Age: **EY (Ages 3+)** - (Girls and Boys!)
- ❖ Group size: 4 - 10
- ❖ Teaching points:
  - Flexible teaching points catered to students who join
  - Proper posture
  - Coordination
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### Creative Kids

Have fun doing different arts and crafts activities each week. Nurture the creative spirit and spark the imagination while having fun!

- ❖ Teacher: Jayshree Ramani (jayshree.ramani@dskobe.org)
- ❖ Age: (From Gr1 - Gr6)
- ❖ Group size: 4 - 12
- ❖ Teaching points:
  - Develop creativity
  - Explore imagination
  - Use cooperative skills
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:30 Club

### Einstein Club

Students will prepare and execute different experiments related to chemistry, biology, physics and math in a fun and practical approach.

- ❖ Teacher: Name Daniela Rost (daniela.rost@dskobe.org)
- ❖ Age: (From Gr3- Gr6)
- ❖ Group size: 4 - 8
- ❖ Teaching points:
  - Developing scientific thinking
  - Exploring science
  - Understand the world around us
- ❖ Timetable:
  - Thursdays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

## Friday Clubs

### Basketball

Basketball provides the opportunity to improve the physical, mental and social skills of our students. They will improve their gross and fine motor skills by learning the fundamentals of passing, dribbling and shooting. Students will also develop their physical fitness and improve their communication skills while working with teammates.

- ❖ Teacher: Mr. Lance Brabant (lance.brabant@dskobe.org)
- ❖ Age: Grade 1 - Grade 6
- ❖ Group size: 4 – 14
- ❖ Teaching points:
  - Learning fundamental techniques and tactics
  - Improving fitness abilities
  - Developing social skills
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club

### Gymnastics

The Gymnastics Activities are designed to provide basic gymnastics skills on the floor like somersault, cartwheel, head- and handstand. Another big part focuses on balancing and climbing. The students will learn how to balance on a beam, climb up a ladder, jump over a bench, crawl through holes and land safely. In addition to those challenges the students will learn how to overcome doubts and fears, and finally strengthen their confidence.

- ❖ Teacher: Mr. Lachlan Waite (lachlan.waite@dskobe.org)
- ❖ Age: Early Years (Ages 3+) - PS
- ❖ Group size: 4 – 10
- ❖ Teaching points:
  - Developing fine motor skills
  - Learning how to overcome doubts and fears
  - Improving fitness abilities
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:35 Club

### Cooking & Baking

Kitchen fun for all aspiring chefs and bakers aiming to create mouth-watering recipes! A chance to practise and try out different recipes, get used to new cooking/baking techniques and taste lots of delightful creations. From cakes and breads, to healthy dinners and snacks, there's something for everyone to enjoy, so grab your aprons and get cooking!

- ❖ Teacher(s): Lubin Nepomuceno (faye.nepomuceno@dskobe.org)
- ❖ Age: Early Years (Ages 3+) - Grade 6
- ❖ Group size: 4 – 8
- ❖ Teaching points:
  - enable beginner and intermediate chefs to feel comfortable in the kitchen and develop the essential cooking skills
  - provide students with the opportunity to experience the taste, feel and smell of their own cooking
  - follow simple recipes that will enable students to work independently
  - have lots of fun and create delicious treats!
- ❖ Timetable:
  - Fridays
  - 15:30 - 15:45 Snack time
  - 15:45 - 16:45 Club
- ❖ **Extra fee for ingredients: 1000 Yen per student**

[Signup Online Now!!](#)



[Register Online Now!](#)